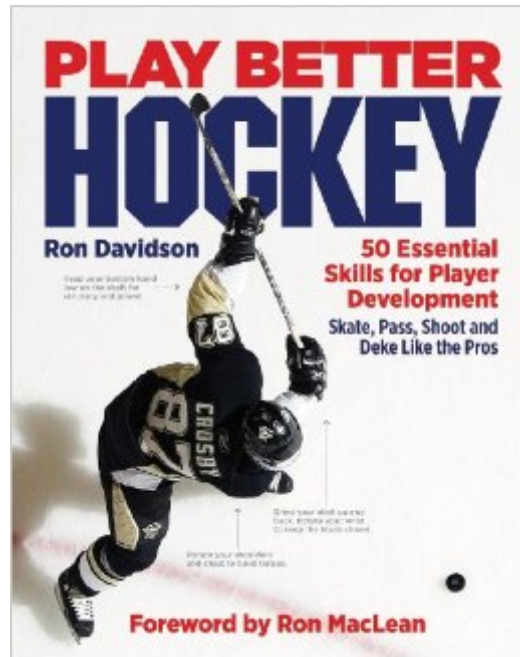


The book was found

# Play Better Hockey: 50 Essential Skills For Player Development



## Synopsis

Ron Davidson's 50 fundamental hockey skills and tactics will empower players to excel individually at this team game. At last! A book that focuses on the development of individual hockey skills and promotes a mastery of body positioning, skating and stick work. Learning these skills gives players a strong fundamental understanding of how to move effectively on the ice in any gameplay situation. The skills are organized in four sections: Fundamentals, Skating Techniques, Stick Work, and Dekeing and Deception. As the reader progresses through a chapter, the level of difficulty of each skill increases, ultimately covering every fundamental move and technique needed for an outstanding and total comprehension of the play. Davidson's progressive-learning approach teaches beginners the proper techniques, hones the skills of intermediate-level players and challenges elite players with the additional skills they need. Among the 50 critical skills presented in this eye-opening collection are: Forward stride Backward crossunder Drive and delay Heel-to-heel turns Tight turns Extending your reach Receiving off-target shooting The Forsberg deke The Datsyuk deke

## Book Information

Paperback: 144 pages

Publisher: Firefly Books (September 2, 2010)

Language: English

ISBN-10: 1554076382

ISBN-13: 978-1554076383

Product Dimensions: 7.8 x 0.9 x 9.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (23 customer reviews)

Best Sellers Rank: #56,848 in Books (See Top 100 in Books) #2 in [Books > Sports & Outdoors > Coaching > Hockey](#) #15 in [Books > Sports & Outdoors > Hockey](#) #29 in [Books > Sports & Outdoors > Winter Sports](#)

## Customer Reviews

My son was very happy to get the book, but did not spend a lot of time with the book, because it is a little too technical for him. However, it is an interesting book full of good ideas on how to build skills. For coaches, not 10 year old boys.

First off, I got the paperback, it's large and glossy, and is full of glossy color pictures. Very nice

print. Great book, I'm in my 20s learning hockey for the first time. This book in my opinion is better than going onto YouTube and watching all the videos.... I've watched lots of vids on you tube to try to learn the basic techniques of skating, and playing hockey. They all seem to just do the move and tell you what they are doing, but not explaining it, because they don't know the detail of what they are doing. This book starts with basics, and goes on to advance, it talks about the basics of skating, to crossovers, stopping, sharp turns... Then the basics of how to hold a stick, to shot types, passes types, and later a lot of dunks. Great the way it's mapped out with diagrams and pictures of nhl players performing the moves. It's very technical and detailed so you can break it down, and acutely learn them. I found it very helpful reading a chapter or two, then going to the rink and applying it. For an adult who never skated before this book really helped with the basics and a lot more.

This looks like a beginner book but actually it is not. If you never had formal instruction in hockey or did not finish your first 300 to 500 games you may feel that descriptions of skills are too brief. They are not watered down but they are very precise. Every word matters. Not too much words, not too many pictures but right to the point.

straight forward and useful. no ridiculous drills or workouts, just successful tips to becoming a better hockey player. uses current players and their techniques to help individuals become students of the game just as much as they are players

Brought this for a friend for her birthday, and she loves it. I almost wanted to keep it for myself... And i'm a goalie!!! Great tips, really informative, and relating it to NHL players makes it really interesting and fun to read :)

This book is a "Must Read" for any player, coach and parent who is interested in learning the finer points of skating, shooting, puck-handling, passing and receiving as well as a brief; but extremely informative, history behind the success of some of hockey's most magnificent skaters and puck-handlers. Ron Davidson covers these topics with an expertise seldom seen in previously written hockey books. Reading this book will give you the necessary and acquired confidence to enable you to build a strong foundation for achieving success as a player, as a coach and/or as a hockey instructor. Over the past 40 years, I have read numerous books on hockey fundamentals...and this book...is "second to none". It is little wonder why NHL players and teams seek out Ron Davidson to improve their skills. A "fabulous" read! Gus Fahey Westville, Nova

ScotiaCanadaNova Scotia Sport Hall of Fame, 2009

Really good book compared to other books on the market. Very nice pictures and descriptions of various "skills". Wish it would include tips on how to develop skills on the Defensive side of the puck. I'm happy with it though!

Saw this at a store and ordered it from at a much better price. I bought for a silent auction basket and my hockey player immediately wanted one for himself. So...of course I ordered another one.

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